

Cryo-electron microscopy – a primer for the non-microscopist

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Cryo-electron microscopy (cryo-EM) is increasingly becoming a mainstream technology for studying the architecture of cells, viruses and protein assemblies at molecular resolution. Recent developments in microscope design and imaging hardware, paired with enhanced image processing and automation capabilities, are poised to further advance the effectiveness of cryo-EM methods. These developments promise to increase the speed and extent of automation, and to improve the resolutions that may be achieved, making this technology useful to determine a wide variety of biological structures. Additionally, established modalities for structure determination, such as X-ray crystallography and nuclear magnetic resonance spectroscopy, are being routinely integrated with cryo-EM density maps to achieve atomic-resolution models of complex, dynamic molecular assemblies. In this review, which is directed towards readers who are not experts in cryo-EM methodology, we provide an overview of emerging themes in the application of this technology to investigate diverse questions in biology and medicine. We discuss the ways in which these methods are being used to study structures of macromolecular assemblies that range in size from whole cells to small proteins. Finally, we include a description of how the structural information obtained by cryo-EM is deposited and archived in a publicly accessible database.

What is cryo-EM?

Over the past decade, the phrase ‘cryo-electron microscopy’, often abbreviated as ‘cryo-EM’, has evolved to encompass a broad range of experimental methods. At the core, each of these is based upon the principle of imaging radiation-sensitive specimens in a transmission electron microscope under cryogenic conditions. In biology, applications of cryo-EM now cover a wide spectrum, ranging from imaging intact tissue sections

and plunge-frozen cells to imaging individual bacteria, viruses and protein molecules. Cryo-electron tomography, single-particle cryo-electron microscopy and electron crystallography are all sub-disciplines of cryo-EM that have been used successfully to analyze biological structures in various contexts. These methods have been used singly as well as in hybrid approaches, in which the information obtained from electron micro-

Abbreviations

CCD, charge-coupled device; cryo-EM, cryo-electron microscopy; DQE, detective quantum efficiency; EMDB, Electron Microscopy Data Bank; HIV, human immunodeficiency virus; MTF, modulation transfer function; PDB, Protein Data Bank.

scopy is combined with complementary information obtained using X-ray crystallographic and NMR spectroscopic approaches.

A large number of reviews are published annually highlighting the rapid strides being made in the cryo-EM field [1–14]. These reviews describe detailed methodological advances in specific sub-disciplines such as tomography or single-particle imaging, and report new insights into biological mechanisms revealed through the application of cryo-EM technology. The present review has a different focus and is directed towards students, non-specialists and researchers in other disciplines who seek a primer on cryo-EM and an appreciation of the range of biological systems that may be investigated using this technology. We use selected examples to provide an introduction to cryo-EM that demystifies the technology and conveys a sense of excitement about this growing area of structural biology.

We begin the review with a brief introduction to imaging using an electron microscope, including the principles underlying data collection and the distinction between cryo-EM and other electron microscope applications that involve imaging under non-cryogenic conditions. In subsequent sections, we highlight various cryo-EM applications that are used to investigate structures ranging in size from cells and viruses to small molecular complexes. We detail the use of cryo-electron tomography to analyze whole cells, viruses and even molecular complexes, with and without the use of sub-volume averaging. Then we introduce single-particle averaging, the process of combining large numbers of 2D projection images to determine 3D structures. Finally, we discuss how averaging methods may be used to determine structures of proteins, at near-atomic resolution, when they are present in ordered assemblies such as two-dimensional crystals. We end with a brief description of the Electron Microscopy Data Bank (EMDB; <http://emdatbank.org/>), which, together with the Protein Data Bank (PDB; www.pdb.org), serves as a publicly available repository for EM data at all resolutions.

Imaging with an electron microscope

Imaging biological objects in an electron microscope is, in principle, analogous to light microscopic imaging of cell and tissue specimens mounted on glass slides. In light microscopy, visible photons serve as the source of radiation; once they pass through the specimen, they are refracted through glass optical lenses to form an image. In electron microscopy, the radiation is electrons, emitted by a source that is housed under a high

vacuum, and then accelerated down the microscope column at accelerating voltages of typically 80–300 kV. After passing through the specimen, scattered electrons are focused by the electromagnetic lenses of the microscope (Fig. 1A). However, the most significant difference between optical microscopy and electron microscopy is the resolving power of the two methods. The resolution is directly influenced by the wavelength of the imaging radiation source: the shorter the wavelength, the higher the attainable resolution. The resolution possible with visible light (wavelengths of approximately 4000–7000 Å; $1 \text{ Å} = 10^{-10} \text{ m}$) is significantly less than that achieved with electron sources in a typical transmission electron microscope

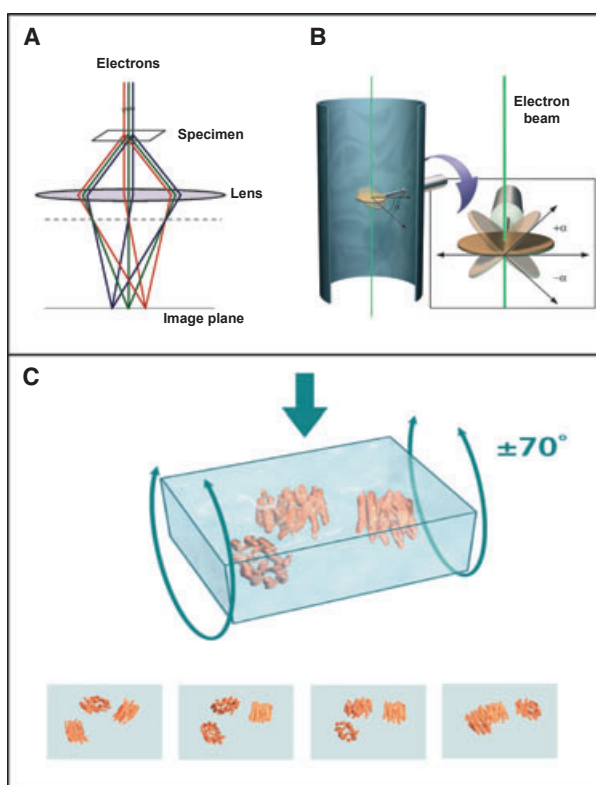


Fig. 1. Image formation in the electron microscope. (A) Schematic illustrating image formation in an electron microscope, highlighting the similarities between electron and optical microscopy. (B) Schematic illustrating the principle of data collection for electron tomography. As the specimen is tilted relative to the electron beam, a series of images is taken of the same field of view. (C) Selected projection views generated during cryo-electron tomography as a vitrified film (formed by rapidly freezing a thin aqueous suspension) is tilted relative to the electron beam. To reconstruct the 3D volume, a set of projection images is ‘smeared’ out along the viewing directions to form back-projection profiles. The images are combined computationally to obtain the density distribution of the object. Adapted from [110].

(wavelength of approximately 0.02 Å for operation at 300 kV). Thus, the wavelength of electron radiation does not itself impose a limit on the resolution that may be obtained when imaging biological macromolecules. The possibility of imaging biological structures using electrons was demonstrated convincingly in 1975 with determination of the structure of bacteriorhodopsin at approximately 7 Å resolution [15]. These pioneering studies led to the eventual determination of near atomic-resolution maps for bacteriorhodopsin [16,17] and other membrane proteins such as aquaporin [18]. These studies laid the foundation for recent progress in the generation of atomic-resolution models for numerous icosahedral viruses [19]. Even higher resolutions have been attained for non-organic samples, which withstand considerably higher electron doses than biological materials during imaging, without loss of structural integrity. For example, individual gold atoms may be directly visualized in high-end electron microscopes from most manufacturers, and the 3D structures of gold nanoparticles have been obtained at atomic resolution using electron tomography [20].

So why is it not possible to routinely image individual proteins, viruses and cells in their native state directly in an electron microscope at atomic resolution? The primary reason why this is challenging is because of the extensive damage that results from the interaction of electrons with organic matter. Electron irradiation leads to the breaking of chemical bonds and creation of free radicals, which in turn cause secondary damage [21–23]. One way to mitigate electron-induced sample damage is to use the method of negative staining, in which accessible molecular surfaces are coated with reagents containing heavy atoms, such as uranyl acetate, that are much less radiation-sensitive than organic matter. Because these stains do not penetrate into biological samples, they essentially make a cast of the specimen surface, a high-contrast ‘relief’ of the surface, albeit at the expense of internal structural information and with the potential for artifacts such as sample flattening. Nevertheless, this has been a common mode of specimen preparation for many decades in conventional transmission electron microscopy, and has been routinely used for visualization of cells, viruses and proteins, yielding, in the latter case, structures at resolutions of approximately 20–40 Å [24,25]. Images of unstained samples or samples that are embedded in sugars such as trehalose, which acts to stabilize proteins in aqueous solution and to increase the image contrast [26], may be obtained at sufficiently low electron doses to yield internal structural information. However, the lower electron doses result in images with a poor signal-to-noise ratio, as unstained

biological samples are composed primarily or entirely of low-atomic-number elements that scatter electrons poorly. Therefore, the difficulty with high-resolution imaging of unstained specimens is that electron doses that are low enough to minimize radiation damage and preserve the specimen generate noisy images, while electron doses that are high enough to get a good signal-to-noise ratio lead to unacceptable levels of specimen damage.

Two approaches are used in modern ‘high-resolution’ electron microscopy to solve this problem. The first approach involves ‘cryo-electron microscopy’, in which imaging is performed using frozen specimens maintained at either liquid nitrogen or liquid helium temperatures. Almost four decades ago, measurements on the decay of diffraction intensities at room temperature versus cryogenic temperatures established that cryo-EM reduces the effects of radiation damage [22]. The development of methods to rapidly freeze (vitrify) biological specimens in a layer of glass-like ice [27,28], which are then imaged at liquid nitrogen and/or helium temperatures, paved the way for this method to become commonly used [10,29]. Plunge-freezing aqueous solutions into a cryogen, such as liquid ethane cooled by liquid nitrogen, is a method that is used to prepare specimens for cryo-EM applications in tomography, single-particle imaging and for helical and two-dimensional crystals. Imaging at liquid nitrogen temperatures reduces the extent of radiation damage by as much as sixfold compared to ambient temperatures [28]. This means that for images recorded at cryogenic temperatures, higher electron doses can be used to increase the signal to noise ratio, because of the lessened amount of radiation damage per unit of electron dose [30,31]. Indeed, both liquid nitrogen and liquid helium have been used successfully to obtain 3D reconstructions at near-atomic resolution; a careful comparison of the two cryogens indicated that they show similar protective effects at resolutions between approximately 4 and 20 Å [32], although the choice of cryogen has long been under debate [28,33]. The second approach to increase the signal-to-noise ratio involves averaging images of a large number of identical units, in an approach that has an intellectual connection to the way in which scattering of X-rays by billions of molecules is averaged to obtain structural information in X-ray crystallography. This technique was first used in the context of helical assemblies [30] and two-dimensional protein crystals imaged at room temperature [31], as well as under cryogenic conditions [27]. Single-particle imaging and electron tomography of individual molecular complexes also invoke the principle of averaging multiple images collected from

frozen-hydrated specimens of molecular complexes. These two ideas, namely the concept of imaging at cryogenic temperatures and the concept of averaging multiple low-dose images, form the basis of modern high-resolution biological electron microscopy. The application of these principles to biological imaging is discussed in the following sections, although we note instances where they are not always used in concert.

Cryo-electron tomography: cellular and sub-cellular structures

One approach to obtain 3D structures of macromolecular assemblies using electron microscopy is tomography [1,34,35], in which a series of images is collected, with each image taken at a different tilt relative to the direction of the incident electron beam (Fig. 1B). For imaging thicker specimens such as large viruses or whole bacterial or eukaryotic cells, images are generally collected with the aid of an imaging filter that improves contrast by eliminating inelastically scattered electrons. These images may then be combined computationally, using a strategy similar to that used in computerized axial tomography, to generate 'tomograms', essentially 3D images of the specimen. Two general types of strategy exist for the further analysis of tomographic data. When specific molecular entities can be clearly identified within cells or on the surface of viruses, or when molecular complexes are imaged *in vitro*, averaging methods may be employed to obtain more detailed structural information than is present in the original tomograms. However, many cellular sub-structures occurring within bacteria or eukaryotic cells are morphologically heterogeneous, necessitating comparison across multiple tomograms to identify patterns in structural variation.

Electron tomographic imaging requires that specimens be thin enough for the incident electron beam to be transmitted, typically not much more than approximately 0.5 μm , even for microscopes capable of operation at 300 kV. Accelerating voltages of 200–300 kV enable greater sample penetrance of the electron beam [34] than microscopes operating at lower voltages. Samples that are sufficiently thin may be negatively stained for room temperature tomography or plunge-frozen under native conditions for cryo-EM. Thicker samples, such as tissues or cell pellets, require more pre-treatment [13]. Classically, samples destined for room-temperature tomography are chemically fixed, dehydrated using sequential steps of solvent exchange, plastic-embedded and cured to form a block. The block is cut into sections using a diamond knife, and the sections are treated with stains such as uranyl

acetate or lead citrate to generate contrast. Thicker samples may also be high pressure-frozen or slam-frozen to promote formation of vitreous, unstructured ice, rather than crystalline ice, which disrupts native cellular architecture. Frozen samples then are dehydrated and fixed by freeze-substitution, followed by low-temperature plastic embedding, thin sectioning and staining, as above. When necessary, samples of bacterial cells [36] or mammalian cells [37,38] may also be thinned under cryogenic conditions using focused ion-beam milling. Fortunately, many bacteria have thicknesses of approximately 0.5 μm , thus reducing the need for significant sample manipulation. This has made bacterial tomography a particularly productive area for the application of cryo-electron tomography [3].

Numerous insights have emerged from these tomographic studies, such as the organization of the bacterial cytoskeleton [13,39], flagellar motor [40], lateral arrangement of membrane protein assemblies [41], visualization of DNA ejection in the *Bacillus anthracis* spore-binding phage [42] and cell–cell fusion [43], to name just a few examples. Another illustration of the power of tomographic imaging in unraveling internal bacterial structures is the recent discovery of the spiral organization of the bacterial nucleoid [44] in *Bdellovibrio bacteriovorus* cells (Fig. 2). In addition to revealing the twisted nucleoid structure, the tomograms also revealed localization of ribosomes at the interface between the nucleoid and the cytosol, as well as the ordered arrangement of the chemoreceptor assemblies in the inner membrane.

Other applications of cryo-electron tomography have included imaging of thin regions of mammalian cells [45] and investigation of a variety of filamentous and cytoskeletal assemblies [46–48] and of thin vitreous sections prepared from mammalian cells and tissues [38,49], leading to significant new information on sub-cellular structures [1,8,50]. As cellular cryo-electron tomography progresses towards mapping macromolecular landscapes [51–54], tomography of vitreous cryo-sections [55] is emerging as a particularly important tool for the investigation of large cells and tissues. Historically, this technique has been hindered by problems with creating proper attachment of the ribbons of vitreous sections to the support film of the electron microscopic grid. Recently, electrostatic charging has been used to successfully attach vitreous sections to the EM support film [56]. Figure 3 shows a relatively long ribbon of vitreous cryo-sections pulled from the edge of the microtome blade over the EM grid (Fig. 3A–C). It is then attached using electrostatic charge to the EM support film. *Saccharomyces*

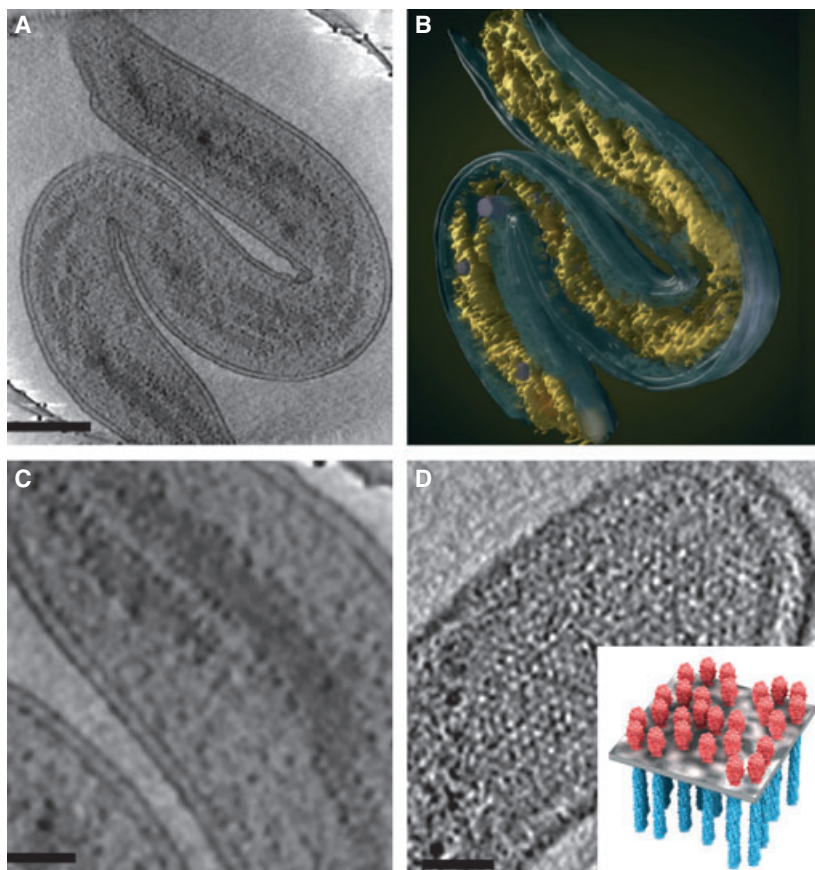


Fig. 2. Use of cryo-electron tomography to image the interior architecture of intact bacterial cells. (A, B) Illustration of the spiral architecture of the nucleoid in *Bdellovibrio bacteriovorus* showing (A) a 210 Å thick tomographic slice through the 3D volume of a cell, and (B) a 3D surface rendering of the same cell, with the spiral nucleoid highlighted (yellow). (C) Higher-magnification view of a tomographic slice through the cell, showing well-separated nucleoid spirals and ribosomes (dark dots) distributed at the edge of the nucleoid. (D) Expanded views of 210 Å thick tomographic slices, showing top views of polar chemoreceptor arrays. A schematic model (inset) illustrates the spatial arrangement of the chemoreceptor arrays in the plane of the membrane. Scale bars = 2000 Å (A) and 500 Å (C, D). Adapted from [44].

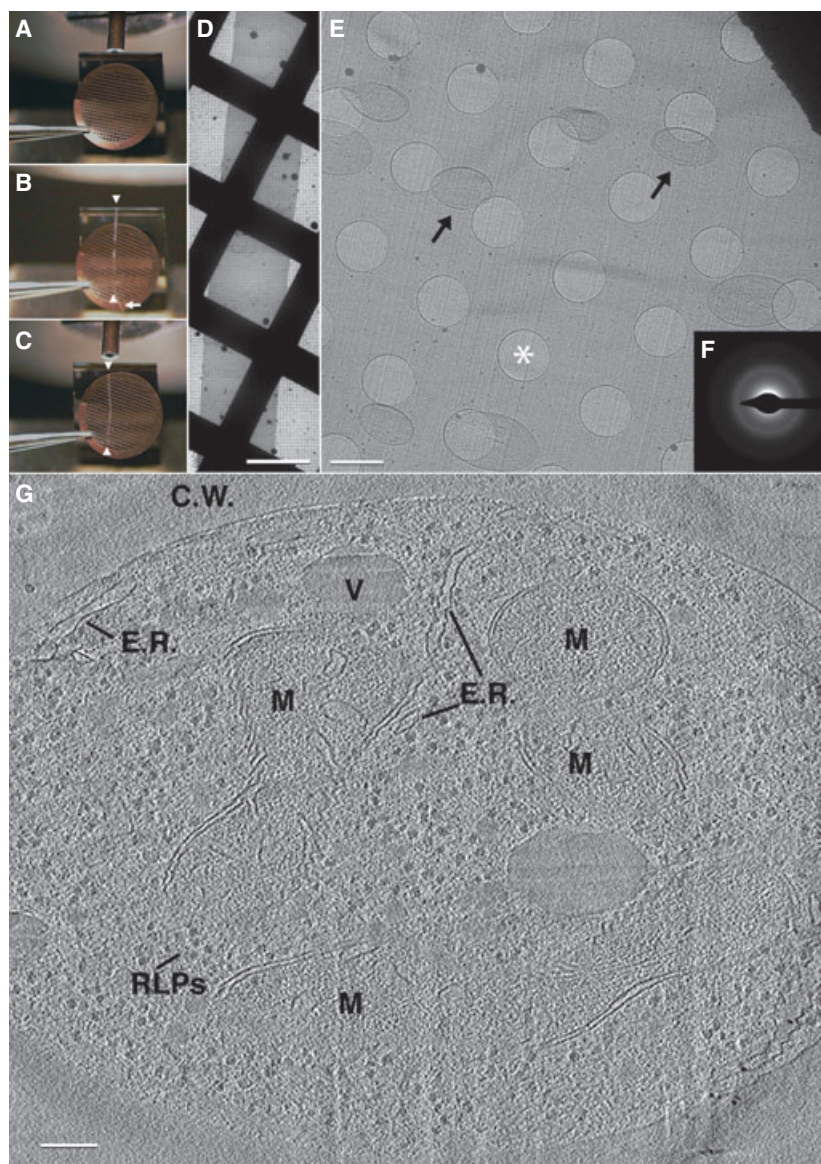
cerevisiae cells may be seen scattered throughout the vitreous section, shown at higher magnification in Fig. 3E. Another major limitation has been artifacts that are introduced during sectioning and are evident in most images [57,58], although the structures of large macromolecular complexes such as 80S ribosomes remain unaltered by section-induced compression (Fig. 3G) [49]. Nevertheless, electron diffraction patterns from high pressure-frozen lysozyme crystals subjected to vitreous cryo-sectioning may extend to 7.9 Å [59], and there is hope that the throughput of many of the steps may be improved, suggesting that vitreous cryo-sectioning may become a routine method for observing macromolecular structures in their native cellular environment.

As discussed above, tomography is emerging as a powerful method to visualize one-of-a-kind, structurally heterogeneous entities at resolutions between approximately 50 and 100 Å. These resolutions are two orders of magnitude better than can be achieved by visualizing subcellular detail using optical microscopy, filling a critical gap in cell biology. In addition, cryo-electron tomography is a unique approach for imaging all of the cellular components simulta-

neously in unstained cells, as the image contrast arises from the intrinsic scattering of electrons by the protein and nucleic acid components. The development of clonable high-density markers for use in electron microscopy [60,61], as well as of correlative electron microscopic/light microscopic techniques [62,63], provides new avenues to determine the localization of individual biological complexes *in situ* in cells. While the attainable spatial resolution of fluorescently labeled proteins within a cell may reach resolutions better than approximately 1000 Å, unlabeled cellular protein complexes are not visualized by light microscopy. Identification of fluorescently labeled entities at low resolution combined with correlative electron microscopy may therefore be highly useful for describing the subcellular architecture while simultaneously targeting specific molecules of interest.

Although cryo-electron tomography provides a unique opportunity to explore the organization of protein complexes and cellular components *in situ* in intact viruses, cells and tissues, individual tomograms from protein complexes are obtained at resolutions that are often not useful for describing molecular

Fig. 3. Imaging of vitreous sections by cryo-electron microscopy. (A) An EM grid is placed at the diamond knife edge using tweezers with a bent tip. (B) A ribbon of vitreous sections (white arrowheads) is guided over the EM grid using an eyelash (white arrow) attached to a wooden dowel. (C) Once the ribbon of vitreous sections is of suitable length (white arrowheads) (approximately the diameter of the EM grid), an electrostatic generator is switched from discharge mode to charge mode, causing the ribbon to attach to the EM grid. (D) Low-magnification image showing the ribbon of vitreous sections after electrostatic charging. Scale bar = 50 μm . (E) Medium-magnification micrograph showing a vitreous section from within the ribbon. Note that the section is smooth and relatively flat, with no apparent mechanically induced damage as is often seen with stamping/pressing techniques. *S. cerevisiae* cells may be seen scattered throughout the vitreous section (black arrows). Holes within the C-Flat EM grid (Protochips Inc., Raleigh, NC) may be seen, one of which is indicated by a white asterisk. Scale bar = 2 μm . (F) A selected area diffraction pattern indicating the presence of vitreous ice. (G) A 50 \AA thick slice through a reconstructed tilt series from a 500 \AA thick vitreous section of an *S. cerevisiae* cell: C.W., cell wall; V, vacuole; M, mitochondrion; E.R., pieces of endoplasmic reticulum; RLPs, ribosome-like particles. Scale bar = 1000 \AA . Adapted from [49].



structures. However, in cases where there are multiple copies of the structure of interest, it is possible to improve the final resolution by averaging. This procedure, in which multiple copies of sub-volumes containing the assembly of interest are extracted from tomograms, aligned, classified and averaged in 3D, is emerging as a powerful approach at the interface between structural and cell biology [35,64–69].

One area in which sub-volume averaging has been particularly useful is in structural studies of viral surface proteins, for which crystallographic structural information may be difficult to obtain from proteins in their native state. For example, sub-volume averaging approaches have yielded numerous 3D structures, at approximately 20 \AA resolution, of trimeric HIV

(human immunodeficiency virus) and SIV (simian immunodeficiency virus) envelope glycoproteins in complex with neutralizing antibodies (Fig. 4A,B) [70–73], providing new and fundamental insights into the mechanism of viral entry. Sub-volume averaging may also be applied to soluble protein complexes, where there is excellent contrast between the protein assembly and its surrounding milieu (Fig. 4C,D) [35,74,75]. Sub-volume averaging has also provided structural information on complex systems that are as yet intractable to X-ray crystallography; examples include bacterial membrane protein assemblies [76,77] and myosin V assemblies [78]. The resolutions that have been achieved with this approach are typically in the range of 20–30 \AA . When unambiguous fitting

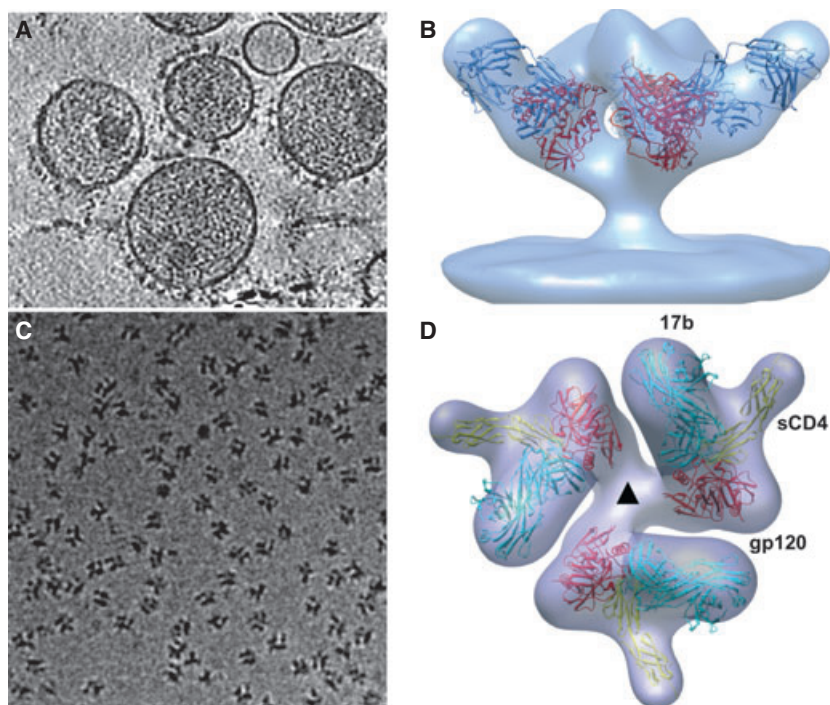


Fig. 4. Structural analysis of membrane protein complexes using cryo-electron tomography combined with sub-volume averaging. (A) Tomographic slice through a field of HIV virions recorded from a specimen grid that was plunge-frozen and stored at liquid nitrogen temperatures. In this image, the viral membrane is decorated with trimeric envelope glycoproteins, which are required for viral entry into target cells. (B) Density map at approximately 20 Å resolution of the trimeric envelope glycoproteins complexed with the neutralizing antibody VRC01. The map was obtained by missing-wedge corrected, sub-volume averaging of cryo-electron tomographic images. The map was then fitted with three copies of the X-ray crystallographically determined structure for the complex of monomeric gp120, a portion of the HIV envelope glycoprotein, complexed with VRC01. (C) Projection image of individual molecular complexes of soluble trimeric envelope glycoproteins from HIV strain KNH1144. (D) Density map at approximately 20 Å resolution of the complex of HIV envelope glycoproteins (molecular weight of polypeptide portion approximately 240 kDa) with soluble CD4 (molecular weight approximately 24 kDa) and Fab fragment (molecular weight approximately 50 kDa). The map is fitted with three copies of the structure of the ternary complex of monomeric gp120, sCD4 and 17b Fab determined by X-ray crystallography. Adapted from [73] and [74].

constraints are available, such as the presence of one or more antibody Fab fragments bound to specific sites, individual sub-components whose structures have been determined by X-ray crystallography and NMR may be fitted reliably into the tomographic density maps. The accuracy of this type of fitting is likely to rise with the improvement in the resolutions obtained with tomographic density maps [79] using methods such as ‘constrained single-particle tomography’ that have been developed recently [80]. In this approach, the accuracy of determining molecular orientations is greatly improved by exploiting the known angular constraints present in tomographic tilt series. The fact that resolutions as high as approximately 8 Å may be obtained with this strategy for averaging and 3D reconstruction is thus an exciting development that may have broad applicability for structural analysis of molecular complexes using cryo-electron tomography.

Single-particle cryo-electron microscopy

Perhaps the most commonly used variant of cryo-EM is single-particle analysis. In this technique, data from a large number of 2D projection images, featuring identical copies of a protein complex in different orientations, are combined to generate a 3D reconstruction of the structure. When atomic models are available for some or all of the sub-components of the complex, they may be placed or fitted into the density map to provide pseudo-atomic models, considerably extending the information obtained by electron microscopy [10,81].

As in most other cryo-EM applications, the first step in single-particle imaging involves spreading soluble complexes across a hole in a carbon film. The specimen is then plunge-frozen, creating a thin layer of vitreous ice that ideally contains identical copies of the complex

present in different orientations. The thickness of the ice layer may vary from a few hundred to a few thousand angstroms, and is influenced both by the dimensions of the particle and the composition of the buffer. Starting with images of fields containing many molecular complexes, individual particles are selected by hand or by automated algorithms. Once selected, statistical methods, such as principal component analysis, multivariate analysis or covariance analysis, may be used to sort images based on variations in their structural features. A number of computer programs, such as EMAN [82], SPIDER [83] and IMAGIC [84], which have been available for many years, may be used to perform these steps in single particle image processing. The degree of relatedness between individual 'particle' images is used to identify clusters of similar images within the dataset. Related images are then averaged to obtain characteristic projection views of the complex at much higher signal-to-noise ratios than in the original images. Iteration of the classification process improves the accuracy of alignment and permits visualization of finer structural features.

Generation of a 3D reconstruction from the 2D electron microscopic projection views of the molecular complex is dependent upon knowing the relative orientations of all of the particles. The steps involved are mathematically complex, and take advantage of the central projection theorem, which states that, for a 3D object, the Fourier transform of each 2D projection is a central slice through the 3D Fourier transform of the object (Fig. 5). Thus, by acquiring a sufficiently large number of molecular images that encompass a wide range of orientations relative to the electron beam, one may build up the 3D reconstructions one image at a time (as illustrated in Figure 6, showing 2D images of GroEL in different orientations which are used to obtain its 3D structure). The 2D Fourier transform of each image contributes a single slice to the 3D Fourier transform. Relative orientations of a pair of images may be derived from the fact that the Fourier transforms of two projections share a common line where they intersect in 3D Fourier space. Angular assignment by identifying common lines may be performed in Fourier space, as typified by the methodology developed originally for icosahedral virus reconstructions [85], or in real space by obtaining a set of 1D line projections from each pair of 2D class-average images and assigning relative orientations based on identifying the line common to both sets [86]. Pair-wise comparisons of at least three class averages to generate three common lines is necessary to assign the relative angular orientations of each projection. Following angular determination, an initial 3D recon-

struction may be obtained using real-space reconstruction methods or Fourier space-based methods. Many variants of these general strategies exist, including those tailored for highly symmetric samples or those with helical symmetry [10,87]. Initial maps may be refined to higher resolution using projection-matching refinement strategies, which compare individual particle images to uniformly sampled re-projections of the 3D map, performed in real space (using programs such as IMAGIC [84] or SPIDER [83]) or in Fourier space (using programs such as FREALIGN [87a]). If appropriate, available atomic coordinates of corresponding protein components derived from X-ray or NMR analyses may then be fitted into the final structure using programs such as UCSF Chimera [87b] designed for rigid-body or flexible fitting [10,88,89].

Distinct single-particle strategies that are not reliant on common-line approaches are used to better handle commonly encountered situations such as the presence of preferred molecular orientations on the grid or of multiple molecular conformations/states. The latter problem arises when different conformations of a homogeneous sample, different ligand occupancy of a complex, or different oligomerization states of a complex co-exist within the sample, leading to size variability or multiple symmetries. The use of geometric constraints combined with computational approaches is particularly useful in samples where the particles present on the grid display a preferred orientation relative to the incident electron beam. For example, in random conical tilt imaging [90], two images of each grid region are recorded, the first with the specimen stage tilted 50–60° and the second after the stage position is returned to 0°, and the information is combined. This strategy is also useful when there is conformational heterogeneity, because the untilted molecular images may be classified into distinct groups of 2D projection images, which may then be used in conjunction with the corresponding tilted images to obtain multiple 3D reconstructions. Although random conical tilt effectively samples a large swathe of Fourier space, this approach still results in a conical region of missing data in 3D space ('missing cone'), given the practical limitation with regard to the highest tilt angles that may be used to obtain useful images. A recently proposed orthogonal tilt reconstruction scheme [91] circumvents the missing cone problem by collecting $\pm 45^\circ$ tilts for a large population of randomly oriented particles; here the two views of each molecule are related by a 90° rotation. One tilt set is sorted to generate class averages, while the corresponding orthogonal images of each class average sample an array of equatorial views around a sphere,

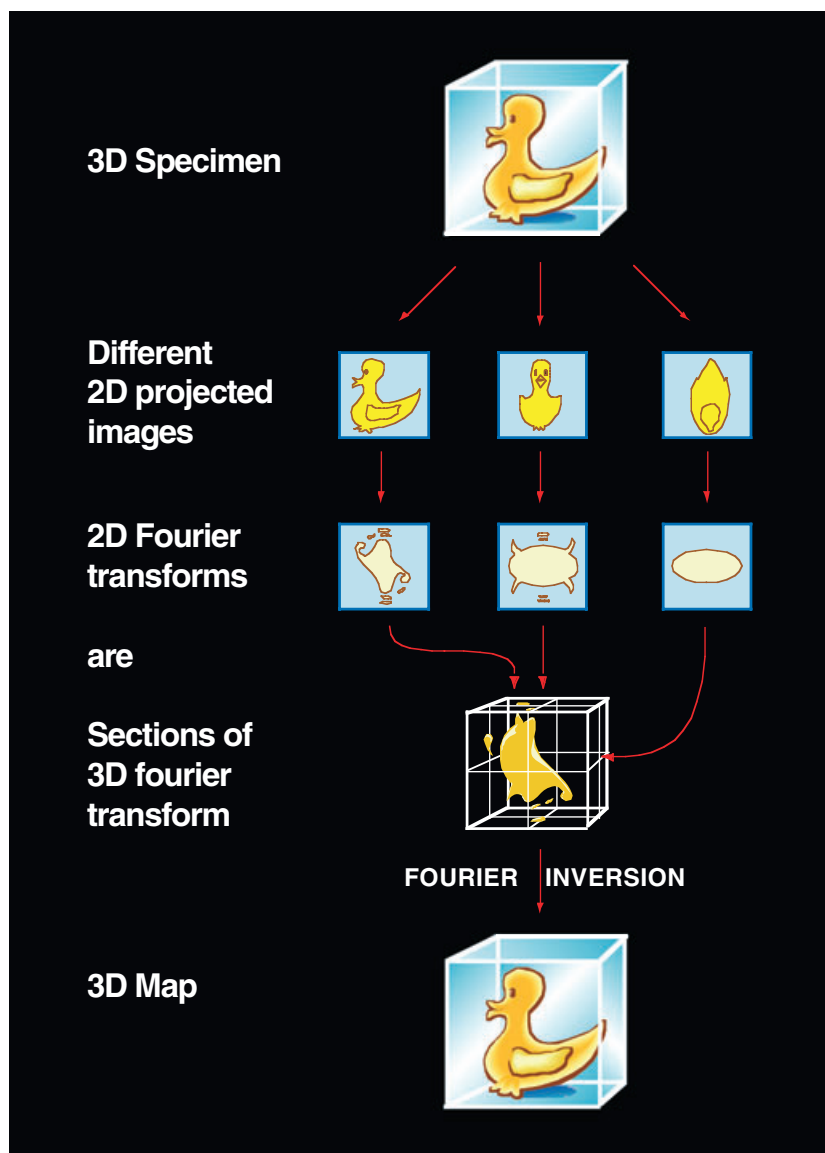


Fig. 5. Principle of reconstruction of 3D structure by Fourier inversion. Using the 'Fourier duck' as the prototypical biological specimen, the schematic shows that projection images of the object, each with a different orientation, have 2D Fourier transforms that correspond to sections (indicated by red arrows) through the 3D Fourier transform of the original object. Once the 3D Fourier transform is built up from a collection of 2D images spanning a complete range of orientations, Fourier inversion enables recovery of the 3D structure [91a].

with specific positions dictated via angular information obtained during the initial alignment and classification step. Initial 3D reconstructions of each class may then be determined and compared to identify regions of conformational heterogeneity.

The highest resolutions achieved using single-particle approaches have been found when imaging icosahedral viruses. Two factors account for this: (a) the presence of high symmetry (60-fold or higher) confers a powerful advantage for averaging within each virion, and (b) the large size of the virions (tens of megadaltons in most instances) provides excellent contrast for accurately determining particle orientations in projection images. Specialized software that is targeted to automatically solving icosahedrally symmetric structures works by

taking advantage of the special symmetry features of these viruses [92]. The ordered packing arrangement also reduces the conformational heterogeneity of viral protein components. Because of these features, structures of numerous icosahedral viruses have now been determined to resolutions better than 4 Å [11], and approaching 3 Å in selected cases [19] (Fig. 7). Other recent highlights include reconstructions, at resolutions better than approximately 10 Å, of dynamic protein complexes with much lower levels of symmetry than icosahedral viruses, such as chaperones [93], and complexes with no internal symmetry, such as ribosomes [94]. Notably, several large and symmetric membrane protein complexes have been successfully reconstructed to sub-nanometer resolutions [95,96], indicating that this is a

promising strategy for rapidly obtaining medium-resolution structures of protein complexes.

Progress is also being made in technology development for electron microscopy and computational aspects of data processing, leading to extraordinary increases in speed and automation. An example of this is shown in Fig. 6, in which it is shown that the 3D structure of GroEL may be determined to a resolution of approximately 7 Å using automated strategies for data acquisition, automated particle selection and automated 3D reconstruction. In addition to the single-particle methods developed to analyze conformationally heterogeneous specimens [97], experimental and computational strategies that combine full tomographic sub-volume averaging to generate one or more initial 3D reconstructions at low resolution, with single-particle cryo-EM refinement of the structure(s) at higher resolution, may be integrated into a seamless pipeline. Improvements in both computational sorting aspects and increased tomographic resolution [80] will make this an exceptionally powerful, streamlined strategy for 3D structure determination.

Cryo-electron microscopy of ordered assemblies

Because 2D projection images may contain information at very high resolutions, in some cases exceeding 3 Å, it is possible, in principle, for structures determined by cryo-EM to achieve near-atomic resolution [98], even in the absence of high symmetry. However, the intrinsic conformational heterogeneity of most isolated macromolecular assemblies poses a major limitation to reaching high resolution [99]. One solution to this challenge is to identify experimental conditions that induce the formation of helical or crystalline assemblies of the protein of interest. When this is successful, the ordered packing ensures a high degree of conformational homogeneity, and knowledge of the geometry of the packing arrangement provides a highly accurate determination of the relative alignment of the repeating units. This strategy has been extremely effective for membrane proteins that form two-dimensional crystals in the plane of the membrane, allowing structure determination at resolutions approaching approximately 3 Å, as in the case of bacteriorhodopsin (Fig. 8) [16]. In addition to two-dimensional crystals, other types of ordered assemblies such as tubular crystals and helical assemblies have also been extremely valuable for structural analysis of conformational changes at resolutions in the 4–7 Å range. One of the factors limiting resolution even in these specialized cases is the steep decline in image amplitudes at high

resolution due to factors such as beam-induced specimen movement, charging of the sample from incident electrons, and mechanical instabilities in the microscope. In the case of two-dimensional crystals, this problem may be partially offset by use of electron diffraction to obtain more accurate amplitudes. When this is possible, it is the best of both worlds, enabling structure determination that combines accurate phases derived from the images with accurate amplitudes derived from the diffraction patterns. Resolutions better than approximately 2 Å have been achieved using electron crystallography [18], making this a powerful approach, although restricted to the few special cases when proteins may be induced to form ordered assemblies such as helical or two-dimensional crystals.

New technology developments and automation

One hurdle that has historically slowed progress in the cryo-EM field has been the time- and personnel-intensive nature of the work. Collecting images for structure determination at the highest resolutions requires precise imaging conditions and specimen placement within the electron microscope. In modern microscopes, the alignments and calibrations involved in imaging tend to be very stable, and are usually performed once for every multi-day session of data collection. However, maintaining and compensating for specimen placement, particularly in single-particle analysis and tomography, presents a significant challenge. The position and orientation of the specimen is usually determined with micrometer precision by a mechanized stage. As the stage is adjusted during data acquisition, its movement leads to continual small changes in the coordinates of the specimen. This may be compensated for by a combination of beam shift and image shift (for the x and y axes) and de-focus (for the z axis). Using image and beam shifts, several adjacent images may be collected from a single grid hole. In tomographic data collection, recording tilt series while maintaining the same region in the field of view may pose a significant obstacle because tilting the specimen holder leads to changes in the z axis, requiring appropriate adjustment of de-focus. These challenges have been addressed successfully with the advent of computerized stages, which, together with optically stable microscopes, have allowed the development of expert systems that are capable of managing automated data collection for tomography. Robust data collection packages are now available both as freely distributed (SerialEM [100]) and commercially available programs (Xplore3D; FEI company,

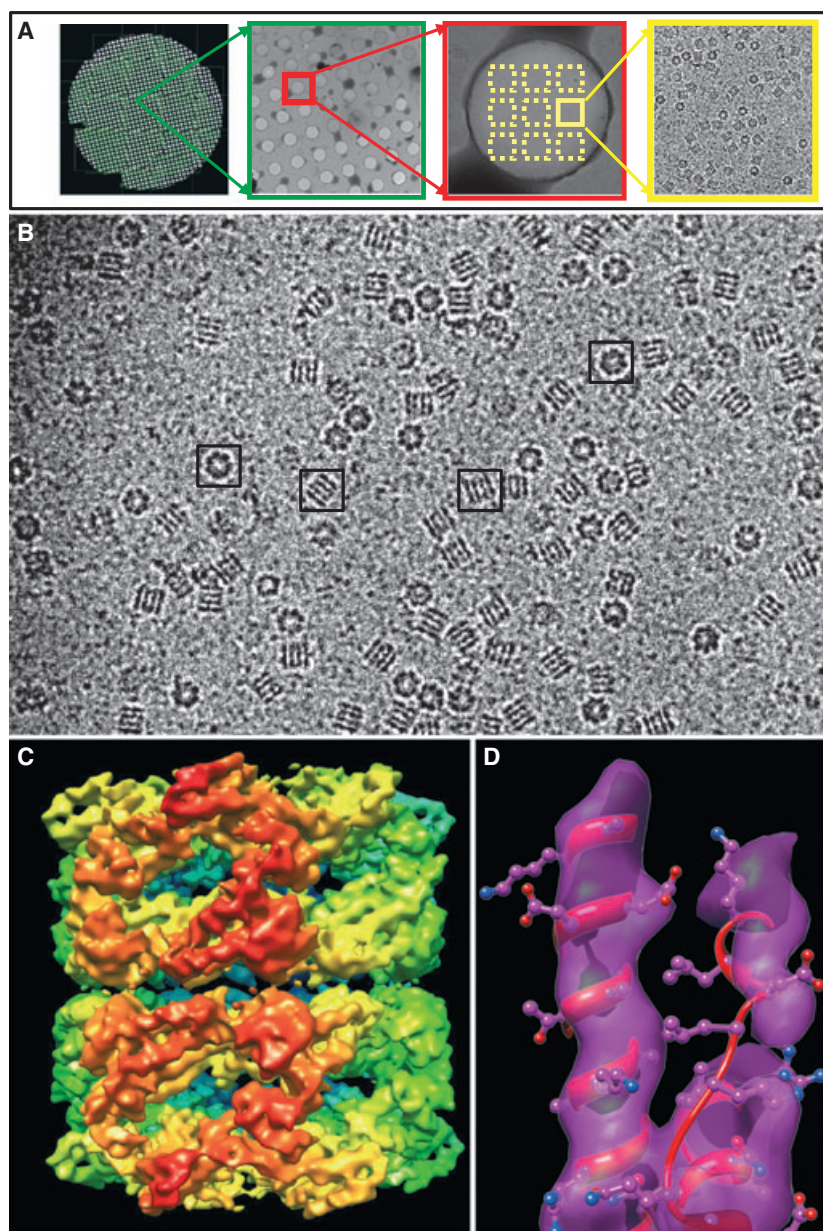


Fig. 6. Automation of macromolecular assembly structure determination by cryo-EM single-particle analysis. (A) Images of a cryo-EM grid at sequentially higher magnification, starting (left) with an image of the entire grid and concluding with an image of individual structures (right). (B) Representative projection image from a frozen-hydrated specimen of purified GroEL protein complexes. Complexes with distinct orientations relative to the electron beam may be discerned, as indicated in the boxed examples. (C) 3D reconstruction using approximately 28 000 individual projection images such as those boxed in (B) to generate a density map of the complex at approximately 7 Å resolution. The initial 3D reconstruction was derived by sub-volume averaging using approximately 2000 GroEL particles. Refinement of the initial reconstruction was performed using almost completely automated procedures as implemented in the software package FREALIGN [87a] to refine the structure to approximately 7 Å resolution. (D) Demonstration that the resolution achieved is adequate to visualize α -helices, illustrated by superposition of a density map of a region of the polypeptide on the corresponding region of a GroEL structure determined by X-ray crystallography (PDB ID: [3E76](#)). Panels (B–D) provided by A. Bartesaghi, unpublished results.

Portland, OR, USA) that automate the tedious task of adjusting image position and de-focus for multiple exposures on a single region of interest. Additionally, these programs collect data in ‘batch’ mode, whereby the microscopes can continue collecting data from various regions of the specimen for periods exceeding 24 h without manual intervention.

Automation and improvements in many of the steps in the workflow for cryo-EM have not only led to dramatic increases in the speed and ease of use, but have also substantially improved data quality. The use of robotics in preparation of frozen-hydrated samples has increased specimen reproducibility and identifica-

tion of optimal conditions for specimen preparation. Automation of data acquisition, environmental enclosures, the use of patterned grids, and the implementation of remote operation schemes, together with hardware improvements such as automated liquid nitrogen refilling systems, have reduced the need for personnel intervention during data acquisition. The commercial and freely available software routines, which allow automated data collection for single-particle microscopy as well as tomography, have also had a major impact on development of the cryo-EM field.

One important technical development on the horizon is the use of direct electron detectors [101], which

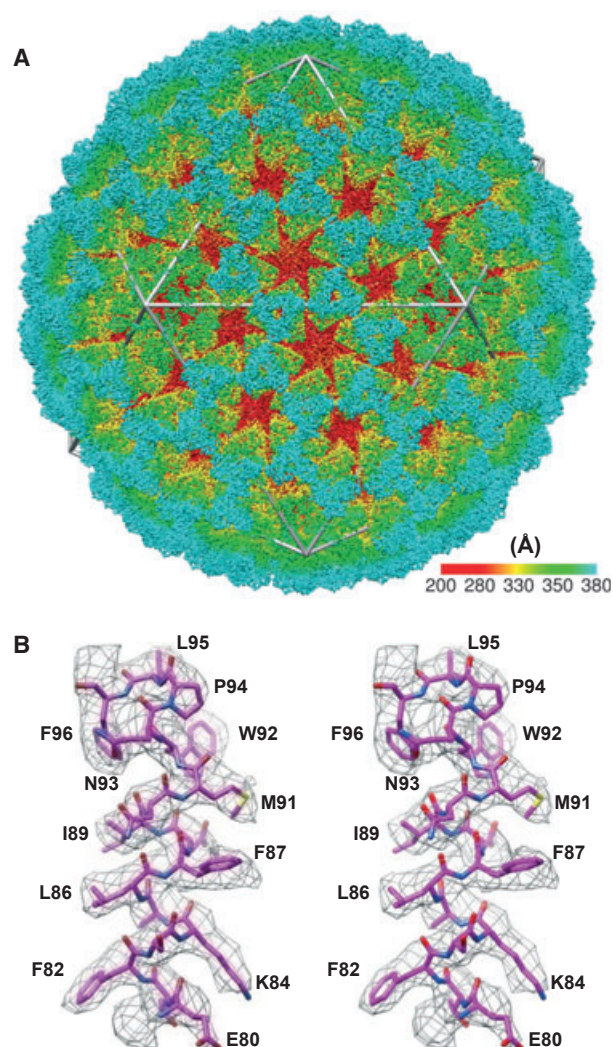


Fig. 7. Determination of the structure of a non-enveloped icosahedral virus using cryo-electron microscopy. Visualization of (A) the entire structure and (B) a selected region, demonstrating that near-atomic resolution maps may be obtained for highly ordered assemblies such as icosahedral viruses using advanced image-processing methods. Adapted from [19].

add to the repertoire of devices currently used for detection [photographic film and charge-coupled device (CCD) cameras]. Two parameters that are important in evaluating detector performance are the modulation transfer function (MTF) and detective quantum efficiency (DQE). The MTF represents the response of the detector at various spatial frequencies, while the DQE describes the quality with which incident electrons are recorded at each frequency. Thus the MTF essentially describes the resolution of the detector, while the DQE describes how strong the signal is relative to the noise level. Having the highest possible

MTF across the spectrum enables obtaining the best DQE across all frequencies. Although photographic film has remained the standard so far for optimal detector performance, and CCDs have remained the choice for ease of use and automation, the new generation of direct electron detectors appears poised to provide performance that exceeds that of film, while preserving all of the convenience of CCD detectors for automation.

Converting 2D projection images into 3D reconstructions is a process that requires both significant computational power and well-designed image processing algorithms. The broad availability of graphics processing units and large computer clusters over the last decade has been critical for reducing the amount of time required to turn raw data into a 3D reconstruction [102–104]. In addition, image-processing routines that bypass the need for computationally intensive search strategies for orientation assignment have contributed to additional computational savings [64,105,106]. Other important advances in image processing include the development of refinement protocols that require limited user involvement and improved classification strategies for identifying variability within sets of cryo-EM images [75,97,107,108]. Together, these improvements will enable the analysis of larger and more complex cryo-EM datasets at increasingly higher resolutions.

An emerging paradigm for integrated structural biology

Since the first genomes were published more than a decade ago, genomic and proteomic studies have revealed vast networks of protein–protein and protein–nucleic acid interactions in the cell [109]. This explosion in the genomic and proteomic fields highlights the need for similar growth in the structural biology field. Already, application of X-ray crystallographic and NMR spectroscopic approaches has yielded > 15 000 unique structures that have been deposited in the Protein Data Bank (PDB). These entries include single-chain proteins as well as multi-protein complexes, which range from small complexes of < 50 kDa that are amenable to analysis by NMR spectroscopy to larger complexes that are amenable to crystallization and analysis by X-ray crystallography, and which provide a wealth of structural insights into biological mechanisms. However, key gaps remain, especially in the analysis of small, dynamic protein assemblies that are not tractable to analysis by either NMR or X-ray crystallographic methods, but may be uniquely suited for study by cryo-EM. Examples are beginning in which

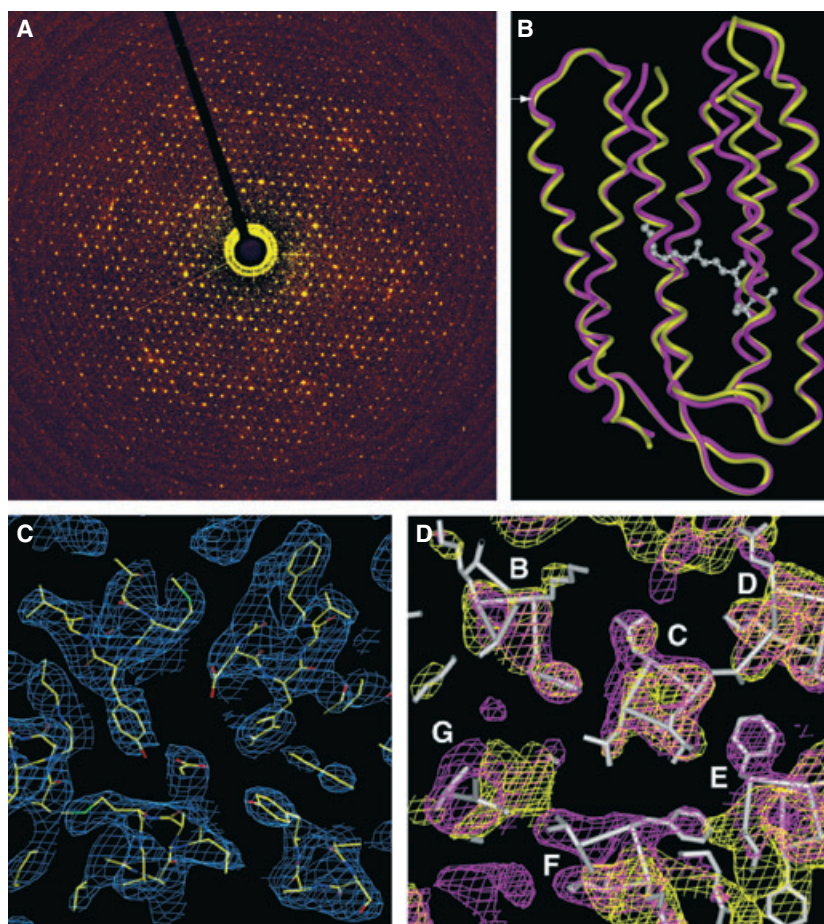


Fig. 8. Determination of membrane protein structure using electron crystallography of 2D crystals. (A) Electron diffraction pattern from bacteriorhodopsin crystals, with reflections extending to approximately 2 Å. (B) Structures of bacteriorhodopsin in native and intermediate conformations at 3.2 Å resolution were obtained by combining phase information present in images of 2D crystals with amplitude information obtained from electron diffraction patterns. (C) σ_A -weighted density ($2F_O - F_C$) map of the open intermediate of bacteriorhodopsin in the center of a lipid bilayer. The map is fitted with the refined atomic model (PDB ID: [1FBK](#)). (D) Sections of bacteriorhodopsin in wild-type (purple) and open intermediate (yellow) conformations, showing the helix movements (from magenta to yellow coordinates) at the cytoplasmic ends of transmembrane helices F and G. The location of the section is indicated by the white arrow at the left edge of (B). The maps are superimposed on the structure of wild-type bacteriorhodopsin, derived by cryo-electron microscopy at 3.2 Å resolution. Figure adapted from [16].

emerge where the information from very-low-resolution cryo-EM maps nevertheless provides useful information when used in conjunction with NMR spectroscopic information [90].

A glimpse of where the greatest challenges and rewards lie in this emerging discipline may be obtained by inspection of the data deposited in the Electron Microscopy Data Bank (EMDB), a worldwide repository for the data generated by all forms of cryo-EM. The EMDB was founded at the European Bioinformatics Institute in 2002, and since 2007 has been managed by three partners: the Protein Data Bank in Europe (PDBe), the Research Collaboratory for Structural Bioinformatics (RCSB PDB), and the National

Center for Macromolecular Imaging (NCMI). In addition to maintaining the archive and developing services for it, the EMDB plays a key role in leading community-wide initiatives for developing standards and improved practices in the field in addition to maintaining the EMDB archive and developing services for it. The EMDB holds over 1300 released maps, and, based on the current growth trend, its holdings are expected to grow five- to tenfold by 2020. A unique overview of the state of the EM field and current trends may be obtained by analyzing the contents of the EMDB. Two useful tools for this purpose are EMStats ([pdbe.org/emstats](#)), which is a web service that presents dynamically generated, up-to-date charts of trends and

Released “single particle” and “icosahedral” EMDB entries

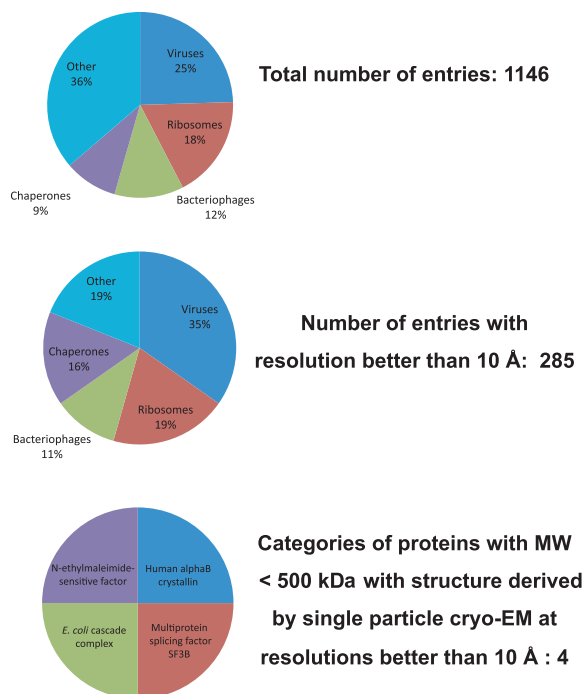


Fig. 9. Distribution of released entries belonging to the ‘single-particle’ and ‘icosahedral’ categories in the EMDB (<http://emdatbank.org/>) as of June 2012. Structures from ribosomes and icosahedral viruses dominate the deposited entries, both in the entire dataset, and even more strikingly, in the subset of entries with resolutions better than 10 Å. Further inspection shows that there are only four distinct protein complexes with molecular masses < 500 kDa (multiprotein splicing factor SF3B, EMD-1043; DegQ, EMD-5290; *Escherichia coli* cascade complex, EMD-5314 and EMD-5315; *N*-ethylmaleimide-sensitive factor, EMD-5370 and EMD-5371), thus identifying a key gap in structural biology that may potentially be filled by taking advantage of improvements in microscope hardware and algorithms for image processing.

distributions derived from data mined from the archive, and EMSearch (pdbe.org/emsearch), which is an advanced web search service.

Inspection of the distribution of the entries belonging to the ‘single-particle’ and ‘icosahedral’ aggregation state categories reveals that icosahedral viruses and ribosomes make up nearly half of the entries, with the rest dominated by assemblies such as chaperones that display a high level of symmetry (Fig. 9). Only a quarter of the entries are at resolutions better than 10 Å, which is the resolution at which α -helical regions in the structure may be discerned. Remarkably, the vast majority of these structures at 10 Å or better resolution are from large protein complexes, with only six examples (representing four distinct protein complexes)

below 500 kDa, reflecting smaller, potentially dynamic, protein complexes (Fig. 9). These types of complexes are at the heart of cell function, and understanding how they work will generate fundamental insights that will be key to the development of biomedical therapeutics in the coming decades. It is safe to predict that addressing this critical gap in the landscape of structural biology is where we may expect the greatest future impact of cryo-EM.

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