

PERSONAL STATEMENT CONTENT REFLECTION



Use these documents to reflect on your experiences to help you write a personal statement/ statement of purpose for a graduate or professional school program. This information can help you create a general statement, but always make sure to respond directly to the prompt given from the program. Page 1 contains structured questions for reflection and page 2 is an activity to generate content ideas.

MOTIVATION & INTEREST

1. What made you initially interested in this field/program of study?

2. How have you confirmed (experiences, research, courses, volunteering, shadowing, etc.) that this is the right field for you?

FIT & CAPACITY

3. How are you a good fit for this field/program? What is one example of that?

4. Why will you be successful in this field/program?

VISION & GOALS

5. How do you want to impact this field?

6. What are your goals and how will this degree help you obtain them?

